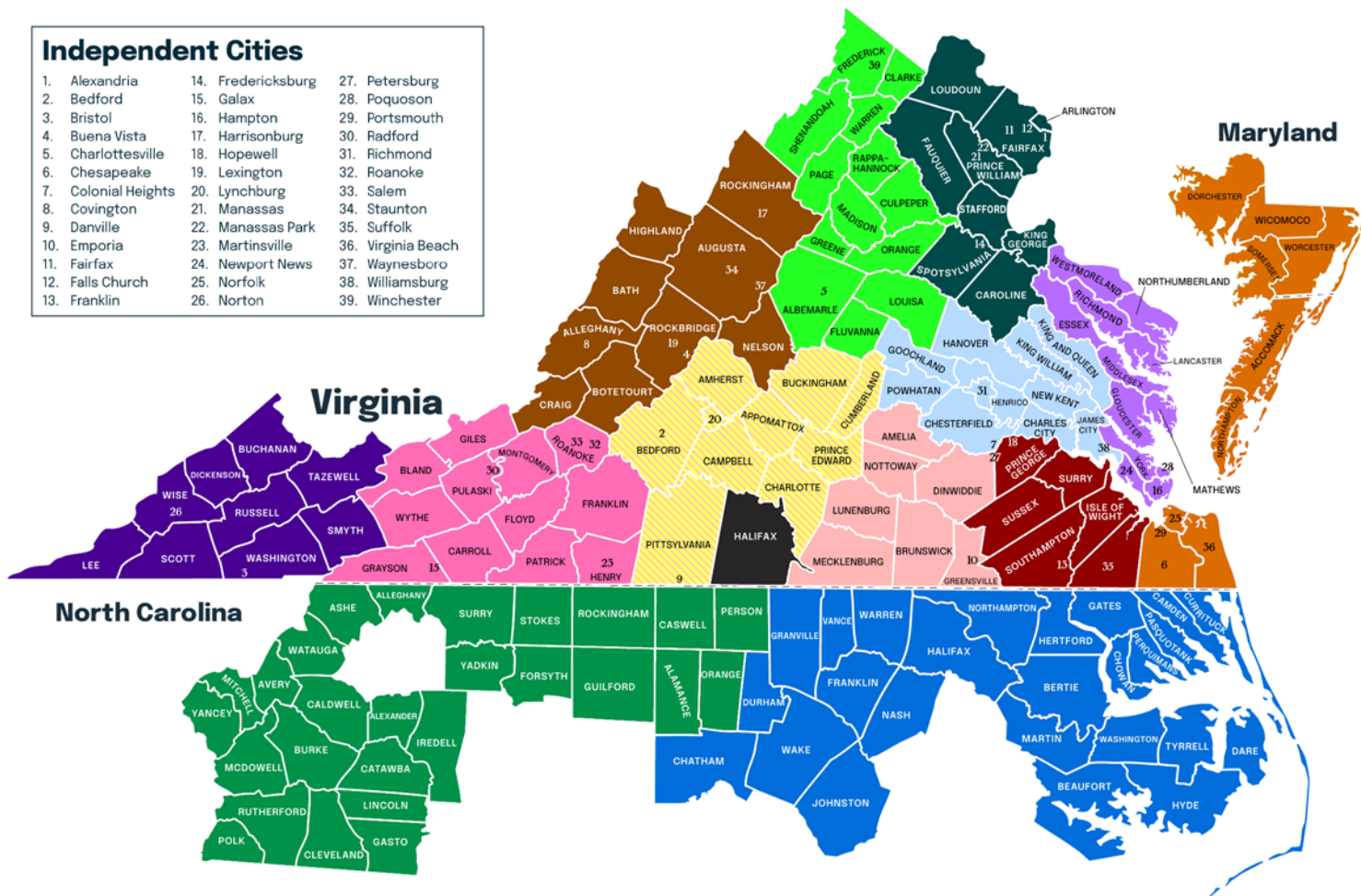


Contact Our Program Assistants

Independent Cities

- | | | |
|---------------------|--------------------|--------------------|
| 1. Alexandria | 14. Fredericksburg | 27. Petersburg |
| 2. Bedford | 15. Galax | 28. Poquoson |
| 3. Bristol | 16. Hampton | 29. Portsmouth |
| 4. Buena Vista | 17. Harrisonburg | 30. Radford |
| 5. Charlottesville | 18. Hopewell | 31. Richmond |
| 6. Chesapeake | 19. Lexington | 32. Roanoke |
| 7. Colonial Heights | 20. Lynchburg | 33. Salem |
| 8. Covington | 21. Manassas | 34. Staunton |
| 9. Danville | 22. Manassas Park | 35. Suffolk |
| 10. Emporia | 23. Martinsville | 36. Virginia Beach |
| 11. Fairfax | 24. Newport News | 37. Waynesboro |
| 12. Falls Church | 25. Norfolk | 38. Williamsburg |
| 13. Franklin | 26. Norton | 39. Winchester |



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Wanda Johnson | 434-632-9701 | wjohnson@vsu.edu
Community Gardens, Food Services

■ **Grace Summers** | 804-712-0093 | gsummers@vsu.edu
NRCS, SFOP High Tech Tunnel

Small Farm Outreach Program Office hours: Monday–Thursday, 8 am–5 pm, Friday, 8 am–noon. 95% of SFOP is out in the field.

*If you have any difficulty figuring out which region is yours, please call 804-524-3292 for clarification.